

# Special Issue

## Male Depression and Therapy

### Message from the Guest Editor

This Special Issue is dedicated to men's mental health. It aims to further elucidate male-specific phenotypes of mental disorders, their relationship with gender role socialization and adherence to traditional male role norms, and the experience of gender role conflict. This involves also the aspect of help-seeking and communicating psychological distress. Likewise, contributions to the pathophysiology of depressive and associated disorders with a focus on sex differences and the unique characteristics of male patients are of interest. With regard to the advancement of personalized medicine, male-specific or male-adjusted psychotherapeutic or pharmacological therapy approaches for mental disorders will be covered. For more information, please visit: [Special Issue "Male Depression and Therapy"](#).

### Guest Editor

Dr. Andreas Walther

Clinical Psychology and Psychotherapy, University of Zurich, Zurich, Switzerland

### Deadline for manuscript submissions

closed (30 June 2024)



## Behavioral Sciences

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#### Editor-in-Chief

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