

## Special Issue

# Promoting Women's Mental Health

### Message from the Guest Editor

Across women's lifespan, biological processes such as menstruation, pregnancy, menopause, and reproductive health intersect with social determinants of health, resulting in varied responses to societal issues such as gendered role expectations, socioeconomic challenges, and work-life balance. These intersecting factors contribute to differential risks of mental health conditions such as anxiety, depression, and stress-related illnesses. We are pleased to invite contributions to this Special Issue, Promoting Women's Mental Health, that advance theoretical, methodological, and applied knowledge in this domain, and we particularly welcome interdisciplinary scholarship from psychology, sociology, public health, gender studies, and related fields. Methodological diversity is encouraged, including longitudinal studies, narrative and qualitative inquiry, community-based interventions, and pilot or feasibility studies. We are interested in contributions from underrepresented populations and regions, illuminating protective factors and resilience processes, and proposing innovative practices that improve mental health outcomes for women globally.

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### Guest Editor

Dr. Omolade Allen

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### Deadline for manuscript submissions

25 August 2026



## Behavioral Sciences

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## About the Journal

### Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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### Editor-in-Chief

Prof. Dr. Jerrell Cassady

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