# **Special Issue**

# Embracing Aging in Place: Fostering Healthy Cognitive Aging in the Community

# Message from the Guest Editor

Most older adults age in the community. A higher quality of life and psychological well-being in old age is important not only for the aging person but also for their family, who may experience psychological distress themselves, as well as for the welfare and economy of the society. "Aging in place" is defined as "the ability to live in one's own home and community safely. independently, and comfortably, regardless of age, income, or ability level". In other words, aging in place involves ensuring that older adults have access to the necessary resources to remain in their own environment, thereby maintaining their independence, autonomy, and social network, all of which contribute to their mental health and cognitive functioning. This Special Issue aims to bring together research on various interventions that promote healthy cognitive aging in the community. Psychological integrations and age-related interventions, as well as research reviews, are welcome.

### **Guest Editor**

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#### Editor-in-Chief

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