

Special Issue

Workplace Health and Wellbeing

Message from the Guest Editor

This Special Issue invites submissions which explore the multifaceted nature of workplace health and wellbeing. We are particularly interested in original research, theoretical perspectives, and applied studies that address key issues such as work policies, work–life balance, and the role of leadership in promoting a healthy workplace culture. We also welcome contributions that examine emerging themes, such as the impact of hybrid working models, the integration of mental health initiatives, and the influence of diversity, equity, and inclusion on employee wellbeing. By featuring diverse perspectives and interdisciplinary approaches, this Special Issue seeks to advance our understanding of the factors that impact and support workplace health and wellbeing and offer practical insights for organisations and policymakers. We therefore encourage submissions that address health and wellbeing across various industries and global contexts, recognising that workplace culture and wellbeing strategies are often shaped by regional, cultural, and sector-specific factors.

Guest Editor

Dr. Abigail Morris

Department of Health Research, Faculty of Health and Medicine,
Lancaster University, Lancaster LA1 4YW, UK

Deadline for manuscript submissions

10 October 2025



Behavioral Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



mdpi.com/si/228734

Behavioral Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

[mdpi.com/journal/
behavsci](https://mdpi.com/journal/behavsci)





Behavioral Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



[mdpi.com/journal/
behavsci](https://mdpi.com/journal/behavsci)



About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

Prof. Dr. Jerrell Cassady
Department of Educational Psychology, Ball State University, Muncie, IN
47306, USA

Author Benefits

High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2
(Development)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).