Special Issue

Digital Mental Health Interventions for Children and Young People

Message from the Guest Editor

Mental health problems are highly prevalent among children and young people worldwide. However, many children and young people do not seek help or receive psychiatric and psychological services. Reasons for this include the limited availability of age-specific interventions, social stigmatization, high service cost, and a preference for self-help. This highlights the need to develop digital interventions accessible anytime, anywhere, anonymous, and less stigmatizing. Digital interventions include interventions that utilize different types of technologies, such as information and communication technology, artificial intelligence, big data, and wearable devices, etc., while the target populations may include people from different demographic, clinical, and cultural backgrounds, such as youth with depression, caregivers with anxiety, etc. This special issue aims to present the latest developments, innovations, implementations, systematic reviews, and ethical issues in this area. We invite researchers, academics, and professionals to submit original and high-quality manuscripts for publication.

Guest Editor

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Deadline for manuscript submissions

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Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: https://www.mdpi.com/journal/behavsci. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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