

## Special Issue

# Advances of Counselling Psychology for Children and Youth

### Message from the Guest Editors

This Special Issue is dedicated to recent advances in counselling psychology for children, adolescents, and emerging adults, concerning both basic and intervention research. The issue aims to cover a broad range of new perspectives, interventions, and techniques in counselling, such as: brief and strength-based therapies, parent and family counselling, play therapy, mindfulness techniques, prevention and mental health promotion programs, empowerment, school-based interventions, positive psychology interventions, and digital interventions. Moreover, this issue focuses on several psychological and psychosocial problems that children and youth face, including but not limited to the following: parental divorce, abuse, domestic violence, bullying, bereavement, depression, anxiety, career-related difficulties, and relationship problems. Last but not least, this Special Issue addresses additional important counselling issues encountered with children and youth, such as legal and ethical issues, chronic illness or disability, diversity, gender and LGBTQ+ issues. Both literature reviews and original research articles are welcomed.

---

### Guest Editors

Prof. Dr. Kounenou Kalliope

Department of Education, School of Pedagogical & Technological Education, 15122 Marousi, Greece

Dr. Christos Pezirkianidis

Department of Psychology, Panteion University of Social and Political Sciences, 17671 Athens, Greece

---

### Deadline for manuscript submissions

closed (25 December 2023)



## Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/si/151874](https://mdpi.com/si/151874)

*Behavioral Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
behavsci@mdpi.com

[mdpi.com/journal/  
behavsci](https://mdpi.com/journal/behavsci)





# Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/journal/  
behavsci](https://www.mdpi.com/journal/behavsci)



## About the Journal

### Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

---

### Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN  
47306, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, Embase, PsycInfo, and other databases.

#### Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2  
(Development)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 32 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the second half of 2025).