

# Special Issue

## Coaching for Learning and Well-Being

### Message from the Guest Editor

This Special Issue on coaching for learning and well-being is open to empirical contributions that explore the intersection of coaching, learning, personal growth, and well-being in diverse contexts, including education and the workplace. The focus of this Issue is on how coaching interventions foster both individual and collective development, with an emphasis on promoting personal growth and sustainable well-being. We encourage studies that examine the psychological mechanisms underpinning coaching processes, coaching relationships, the effectiveness of various coaching approaches, and their impact on learning outcomes, self-awareness, emotional regulation, resilience, psychological well-being, and performance. Contributions may explore coaching's role in addressing challenges such as stress, burnout, and transitions, as well as its capacity to facilitate positive changes, including increased motivation, career development, and life satisfaction.

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### Guest Editor

Dr. Qing Wang

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### Deadline for manuscript submissions

31 August 2026



## Behavioral Sciences

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### Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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### Editor-in-Chief

Prof. Dr. Jerrell Cassady

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