

## Special Issue

# Well-Being and Quality of Life in the Elderly: Issues and Challenges

### Message from the Guest Editors

As advances in science have prolonged longevity, people's life expectancy has increased and the elderly population is growing rapidly around the world. But at the same time there is the challenge of addressing the quality of life and well-being in old age to achieve a successful and healthy aging. This issue focuses on how to achieve the well-being and quality of life of the elderly, both physically and psychologically. Works related to interventions dedicated to this purpose, as well as systematic reviews on the subject or predictive models of well-being in said population, are welcome. The works can be research articles, proposal of theoretical models and case studies, both qualitatively and quantitatively, and can focus on areas such as health (physical and psychological), pain treatment, physical exercise, coping strategies, social support, as well as public health services and policies.

---

### Guest Editors

Dr. Begoña Espejo

Dr. Irene Checa

Dr. Marta Martín-Carbonell

---

### Deadline for manuscript submissions

closed (15 June 2022)



## Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/si/77852](https://mdpi.com/si/77852)

*Behavioral Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[behavsci@mdpi.com](mailto:behavsci@mdpi.com)

[mdpi.com/journal/  
behavsci](https://mdpi.com/journal/behavsci)





# Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/journal/  
behavsci](https://mdpi.com/journal/behavsci)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Jerrell Cassady  
Department of Educational Psychology, Ball State University, Muncie, IN  
47306, USA

---

#### Author Benefits

##### High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

##### Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2  
(Development)

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).