Special Issue

Well-Being and Quality of Life in the Elderly: Issues and Challenges

Message from the Guest Editors

As advances in science have prolonged longevity, people's life expectancy has increased and the elderly population is growing rapidly around the world. But at the same time there is the challenge of addressing the quality of life and well-being in old age to achieve a successful and healthy aging. This issue focuses on how to achieve the well-being and quality of life of the elderly, both physically and psychologically. Works related to interventions dedicated to this purpose, as well as systematic reviews on the subject or predictive models of well-being in said population, are welcome. The works can be research articles, proposal of theoretical models and case studies, both qualitatively and quantitatively, and can focus on areas such as health (physical and psychological), pain treatment, physical exercise, coping strategies, social support, as well as public health services and policies.

Guest Editors

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Deadline for manuscript submissions

closed (15 June 2022)

About the Journal

Message from the Editor-in-Chief

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