

Special Issue

Physical Activity and Health: Social Psychology Perspective —2nd Edition

Message from the Guest Editor

Physical activity behavior has great significance for many societies around the world, and promoting an active lifestyle is regularly undertaken to improve health standards and quality of life. Physical activity, in particular, has been widely encouraged because of its physical and psychosocial benefits. From a global perspective, research on physical activity contributes to the broad understanding of behavior for developing new interventions that promote health. Thus, the aim of this Special Issue of Behavioral Sciences, the second edition of "Physical Activity and Health: Social Psychology Perspective", is to advance the literature from interdisciplinary perspectives. We therefore welcome theoretical or empirical contributions that broaden the knowledge of these factors as social mechanisms of physical activity promotion.

Guest Editor

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