

Special Issue

How Couple Relationships Affect Mental Health

Message from the Guest Editor

There is ample evidence that relationships matter for both physical and mental health. The relationship between romantic partners (i.e., spouses and significant others) seems to have implications for several mental health issues, specifically depressive symptoms. In this Special Issue, authors are encouraged to submit manuscripts that include dyadic data on couple relationships and mental health outcomes, with a special emphasis on papers that include more nuanced ways of assessing relationship processes (i.e., positive and negative aspects of the relationship and their interaction; observational coding; and daily diary studies). Studies that include clinical populations and/or longitudinal studies, as well as same-sex couples, are also encouraged. **Keywords** couple relationship processes
depression
dyadic data analyses
moderation
relationship satisfaction
couple therapy outcome
mental health

Guest Editor

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Deadline for manuscript submissions

closed (20 April 2025)



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