Special Issue

Finding Healthy Coping Mechanisms in Autobiographical Memory

Message from the Guest Editor

This Special Issue is focused on healthy coping mechanisms and healthy coping outcomes supporting the emotional self in the context of autobiographical memory. Therefore, papers published as a part of this Special Issue should systematically examine and describe emotional, cognitive, behavioral, and social mediators and moderators involved in the relationship between individuals' emotions and the predictors of these emotions. These third-variable mechanisms should help researchers and clinicians understand how individuals think and feel about their role in the story of their lives from their perspectives. The outcome variables for the studies in this special issue should include quantitative and qualitative measures of emotional affect, psychological distress (i.e., depression, anxiety, and stress), self-esteem, wellbeing, life-satisfaction, fading affect, differential fading affect (i.e., fading affect bias), and other conceptually similar types of measures.

Guest Editor

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