## **Special Issue**

## Finding Healthy Coping Mechanisms in Autobiographical Memory

## Message from the Guest Editor

This Special Issue is focused on healthy coping mechanisms and healthy coping outcomes supporting the emotional self in the context of autobiographical memory. Therefore, papers published as a part of this Special Issue should systematically examine and describe emotional, cognitive, behavioral, and social mediators and moderators involved in the relationship between individuals' emotions and the predictors of these emotions. These third-variable mechanisms should help researchers and clinicians understand how individuals think and feel about their role in the story of their lives from their perspectives. The outcome variables for the studies in this special issue should include quantitative and qualitative measures of emotional affect, psychological distress (i.e., depression, anxiety, and stress), self-esteem, wellbeing, life-satisfaction, fading affect, differential fading affect (i.e., fading affect bias), and other conceptually similar types of measures.

## **Guest Editor**

Prof. Dr. Jeffrey Gibbons

Department of Psychology, Christopher Newport University, Newport News, VA 23606, USA

### Deadline for manuscript submissions

closed (31 October 2025)



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## Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <a href="https://www.mdpi.com/journal/behavsci">https://www.mdpi.com/journal/behavsci</a>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

### **Editor-in-Chief**

Prof. Dr. Jerrell Cassady

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