

Special Issue

Active Strategies for the Development of Behavior and Cognition in Young People

Message from the Guest Editor

Active strategies for the development of behavior and cognition in young people have gained significant attention due to the high number of projects exploring the relationship between active learning and behavioral/cognitive–academic aspects. Key variables include active methodologies, movement across the curriculum, active breaks with or without cognitive demand, active breaks or active beginnings and specific interventions during Physical Education classes or extracurricular programs. These have emerged as particularly interesting stimuli that affect behavior and cognition from an early age. Among the variables of interest, this Special Issue focuses on learning and teaching strategies, student behavior, psychosocial and emotional variables or cognitive–academic variables such as executive function.

Guest Editor

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Deadline for manuscript submissions

closed (30 September 2024)



Behavioral Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



mdpi.com/si/192474

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Editor-in-Chief

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