

Special Issue

Active Strategies for the Development of Behavior and Cognition in Young People

Message from the Guest Editor

Active strategies for the development of behavior and cognition in young people have gained significant attention due to the high number of projects exploring the relationship between active learning and behavioral/cognitive–academic aspects. Key variables include active methodologies, movement across the curriculum, active breaks with or without cognitive demand, active breaks or active beginnings and specific interventions during Physical Education classes or extracurricular programs. These have emerged as particularly interesting stimuli that affect behavior and cognition from an early age. Among the variables of interest, this Special Issue focuses on learning and teaching strategies, student behavior, psychosocial and emotional variables or cognitive–academic variables such as executive function.

Guest Editor

Prof. Dr. Alberto Ruiz-Ariza

Department of Didactics of Musical, Plastic and Corporal Expression,
Faculty of Education Sciences, University of Jaen, 23071 Jaén, Spain

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Behavioral Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

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With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

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