

## Special Issue

# Disordered Eating and/or Sleep Disturbance Among Trauma-Exposed Adolescents and Adults

### Message from the Guest Editors

We are inviting paper submissions for a Special Issue of *Behavioral Sciences* focusing on disordered eating behaviors and/or sleep disturbances among adolescents and adults (ages 12 and up) with a history of trauma exposure. Drs. Emily Tilstra-Ferrell, Alex Brockdorf, and Christine Hahn are serving as Co- for this Special Issue. Disordered eating and sleep disturbances disproportionately impact adolescents and adults with trauma exposure. A growing body of research recognizes the co-occurrence of disordered eating and sleep disturbance, but this overlap has not yet been widely examined among trauma-exposed people. The focus of this Special Issue is the prevalence, etiology, and tailored treatments for disordered eating and/or sleep disturbance among adolescents and adults with lifetime trauma exposure. Research among civilian and veteran samples are both of interest. We welcome submissions with a focus on either eating or sleep among trauma-exposed populations; however, submissions need not focus on both eating and sleep. Submissions related to the intersection of disordered eating, sleep disturbances, and traumatic stress are of particular interest.

### Guest Editors

Dr. Emily L. Tilstra-Ferrell

Dr. Alexandra N. Brockdorf

Dr. Christine Hahn

### Deadline for manuscript submissions

31 January 2026



## Behavioral Sciences

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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

Prof. Dr. Jerrell Cassady  
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