Special Issue

Health Management and Human Resource Management by Behavior Monitoring Using Smart Devices

Message from the Guest Editors

Numerous technological innovations for mobile and smart devices have emerged in recent years. The application of mobile devices in health management has broken the boundaries of space, allowing people to track their health status anytime and anywhere. New technologies are not only expected to solve problems such as the lack of medical resources but also to promote better health behaviors in daily life as well as in the workplace. In addition, wellbeing, which has traditionally been evaluated mainly through questionnaires, can now be quantified more objectively and chronologically through mobile and smart devices. We live in an era of constant technological breakthroughs, and the emergence of new technologies will continue to influence our behavioral intentions regarding access to health and wellbeing. This Special Issue discusses technological innovations, technology applications, and user behavior in health and human resource management in this new era. We welcome papers exploring the possibilities of promoting healthy behaviors to this Special Issue.

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