Special Issue

Resilience in Adversities

Message from the Guest Editor

The past few years have made the field of resilience research even more relevant. The ongoing war in Ukraine, COVID-19 pandemic and other global adversities have had economic, cultural and psychological influences on peoples' lives. This Special Issue in Behavioral Sciences will invite research that is related to resilience in adversities. Psychological resilience research, as an umbrella term, has been performed under several different terms, from mental toughness to grit. In this Special Issue, we do not separate between different models of psychological resilience, as long as they are relevant to the topic of the Special Issue. In other words, researchers conducting studies with scales measuring resilience, mental toughness, grit, hope, hardiness, sisu, self-efficacy and other related concepts are warmly invited to submit their research. We encourage multidisciplinary, multi-method studies. This includes ESM/EMA, physiological stress, cognition, affects, mental health and other relevant methods and variables that are combined with resilience. This is a great opportunity to obtain a clearer picture of the resilience in adversities!

Guest Editor

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