# **Special Issue**

# The "Constructive" Side of Media: Promoting Prosocial Behavior, Well-Being, and Health

# Message from the Guest Editor

In recent decades, both traditional and new media have become widely investigated topics due to their extreme flexibility and pervasiveness in any sphere of human experience and life. A promising research field concerns the "bright" side of media exposure and participation: global positive implications concerning opportunities and potentialities are accompanied by niche investigations related to more contextualized cases and practices. In this wide field, prosocial behaviors, wellbeing, and health represent three poles of a triangular symbol with human empowerment at its core. Empirical research; qualitative, quantitative, or mixed analyses; systematic reviews; meta-analyses; and case studies involving the role of traditional and new media in these matters will be considered. Longitudinal or crosssectional studies that emphasize these processes will be welcome too. The presentation of even tangentially focused works can be discussed with the Editor. Especially in the latter case, authors are encouraged to prepare a short abstract to be sent to the in advance to assess the pertinence of their proposal.

# **Guest Editor**

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# Deadline for manuscript submissions

closed (30 September 2025)



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#### **Editor-in-Chief**

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