# **Special Issue**

# Paving the Path to Well-Being Through Human Behavior Analysis with Data Science

# Message from the Guest Editors

This Special Issue deals with well-being in relation to quality of work, self-actualization, recreation, exercise, and mindfulness, using various frameworks and datasets, to focus on the structural aspects of human behavior analysis, encouraging the use of modern metrics and methodologies, such as structural equation modeling (SEM), network analysis, large-scale data analysis and artificial intelligence (AI), to explore the intricate relationships between various behavioral factors and well-being outcomes.

Topics of Interest: 1) Applications of structural equation modeling in well-being research; 2) Network analysis of social behaviors and their impact on well-being; 3) Aldriven approaches to predicting and enhancing wellbeing; 4) Case studies demonstrating the integration of data science and behavioral analysis; 5) Scientometric approach to well-being research advancements; 6) Methodological advancements in the measurement and analysis of well-being; 7) Cross-cultural studies on wellbeing using data science techniques.

## **Guest Editors**

Dr. Kota Kodama OIC Research Organization, Ritsumeikan University, Osaka 567-8570, Japan

Dr. Makoto Niwa Nippon Shinyaku Co., Ltd., Kyoto 601-8550, Japan

Dr. Itsuki Kageyama Medical Data Science Lab, Hoshi University, Tokyo 142-8501, Japan

#### Deadline for manuscript submissions

31 December 2025



# Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 3.1 Indexed in PubMed



mdpi.com/si/222428

Behavioral Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 behavsci@mdpi.com

mdpi.com/journal/ behavsci





# Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 3.1 Indexed in PubMed



behavsci



# Message from the Editor-in-Chief

### Editor-in-Chief

Prof. Dr. Jerrell Cassady Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

### **Author Benefits**

#### **High Visibility:**

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

#### Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2 (Development)

### **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).

