

Special Issue

Perinatal Depressive and Affective Disorders: Assessment, Screening and Treatment—2nd Edition

Message from the Guest Editors

Becoming a parent involves profound psychological changes that expose both mothers and fathers to significant mental health challenges. While maternal perinatal depression has been extensively studied, paternal perinatal affective disorders have only recently received focused attention. Emerging research continues to explore the clinical characteristics, risk factors, and prevalence of these disorders, highlighting the complex interplay between maternal and paternal depression and their impact on parenting and child developmental outcomes. To better address these issues, we propose the terms Paternal Perinatal Affective Disorder (PPAD) and Maternal Perinatal Affective Disorder (MPAD) to reflect the unique clinical presentations of depression and other affective disorders from the prenatal period through the postpartum period.

Guest Editors

Dr. Michele Giannotti

Dr. Giulia Casu

Dr. Franco Baldoni

Dr. Francesca Agostini

Deadline for manuscript submissions

31 May 2026



Behavioral Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



mdpi.com/si/237787

Behavioral Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

[mdpi.com/journal/
behavsci](https://mdpi.com/journal/behavsci)





Behavioral Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



[mdpi.com/journal/
behavsci](https://www.mdpi.com/journal/behavsci)



About the Journal

Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

Author Benefits

High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, Embase, PsycInfo, and other databases.

Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2 (Development)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 32 days after submission; acceptance to publication is undertaken in 3.6 days (median values for papers published in this journal in the second half of 2025).