

Special Issue

Perinatal Depressive and Affective Disorders: Assessment, Screening and Treatment—2nd Edition

Message from the Guest Editors

Becoming a parent involves profound psychological changes that expose both mothers and fathers to significant mental health challenges. While maternal perinatal depression has been extensively studied, paternal perinatal affective disorders have only recently received focused attention. Emerging research continues to explore the clinical characteristics, risk factors, and prevalence of these disorders, highlighting the complex interplay between maternal and paternal depression and their impact on parenting and child developmental outcomes. To better address these issues, we propose the terms Paternal Perinatal Affective Disorder (PPAD) and Maternal Perinatal Affective Disorder (MPAD) to reflect the unique clinical presentations of depression and other affective disorders from the prenatal period through the postpartum period.

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