

Special Issue

Artificial Intelligence in Mental Health and Counseling Practices

Message from the Guest Editors

We are delighted to introduce our forthcoming Special Issue of *Behavioral Sciences* focused on artificial intelligence in behavioral health. This timely collection explores the intersection between AI technologies and behavioral health assessment, interventions, and treatment. Key themes will include the following topics:

- AI-powered screening and assessment tools that can identify early warning signs of mental health conditions;
- Natural language processing applications for therapeutic conversations and sentiment analysis;
- Machine learning approaches for treatment personalization and outcome prediction;
- Ethical considerations around data privacy, algorithmic bias, and the human–AI therapeutic relationship;
- Implementation frameworks for clinical settings with varying resources and technological capabilities.

Guest Editors

Dr. Carl John Sheperis

Kutztown University of Pennsylvania, Kutztown, PA 19530, USA

Dr. Donna Sheperis

Counseling Department, Palo Alto University, Palo Alto, CA 94304, USA

Dr. Mikael Rubin

Department of Psychology, Palo Alto University, Palo Alto, CA 94304, USA

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Behavioral Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

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Message from the Editor-in-Chief

Editor-in-Chief

Prof. Dr. Jerrell Cassady
Department of Educational Psychology, Ball State University, Muncie, IN
47306, USA

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