

## Special Issue

# Experiences and Well-Being in Personal Growth

### Message from the Guest Editor

Recent research in psychology has explored how various factors and experiences contribute to personal growth and its significance for overall well-being. Understanding the roles of individual differences, social environments, and post-traumatic growth has highlighted how adversity can lead to increased resilience and well-being. This Special Issue aims to explore the complex relationship between personal growth experiences and overall well-being across the lifespan, drawing on diverse perspectives from across the psychological sciences in both non-clinical and clinical settings. We welcome papers that examine naturally occurring processes or utilize experimental approach or intervention research, as well as high-quality systematic reviews that offer insights into various factors that feed into personal growth motives and experiences, and how these processes negatively or positively affect well-being. More detailed information: [Experiences and Well-Being in Personal Growth](#)

### Guest Editor

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### Deadline for manuscript submissions

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## Behavioral Sciences

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## About the Journal

### Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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### Editor-in-Chief

Prof. Dr. Jerrell Cassady

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