

Special Issue

Exploring Profiles and Innovative Strategies for Effective Psychological Transformation in Legal and Forensic Psychology

Message from the Guest Editors

This Special Issue synthesizes interdisciplinary perspectives and empirically grounded methodologies to examine how psychological profiling—incorporating personality traits, trauma histories, interpersonal dynamics, and sociocultural factors—can inform more targeted and efficacious therapeutic approaches. Simultaneously, it addresses how refined understandings of victim profiles—including vulnerability, resilience, social isolation, and empowerment—can guide the design of personalized recovery trajectories and comprehensive support systems. Contemporary approaches to intervening with perpetrators and/or offenders increasingly prioritize psychological transformation over traditional punitive frameworks. These interventions aim to disrupt maladaptive cognitive schemas, enhance emotional self-regulation, and restructure abusive behavioral patterns. We invite practitioners and researchers to critically engage with the contributions presented in this Special Issue. Through collaborative reflection and innovation, this collection seeks to advance interdisciplinary knowledge and practice in the continuing endeavor to prevent and intervene effectively.

Guest Editors

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Editor-in-Chief

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