Special Issue

Exploring Indebtedness and Its Impact on Well-Being

Message from the Guest Editor

Historically, research on the effects of economic and financial variables on well-being has primarily focused on income, savings, and socioeconomic status, while debt and indebtedness have received significantly less attention. This omission presents a critical gap in the literature, as debt can be an important source of stress that negatively affects individuals' mental health (e.g., depression, anxiety, substance abuse, sleep disturbances, etc.) and overall well-being. Moreover, high levels of debt may hinder the resolution of these issues—for instance, by limiting access to healthcare in emergencies or higher education opportunities. In light of this, we invite contributions that expand and deepen scientific understanding of the impact of debt and indebtedness on individuals' well-being and mental health. We particularly welcome studies that explore the interaction between debt and other variables (e.g., income, savings, gender, and education), as well as research on protective factors that may buffer the potential negative effects of debt. Empirical studies employing cross-sectional, longitudinal, experimental, or quasi-experimental designs are especially encouraged.

Guest Editor

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Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: https://www.mdpi.com/journal/behavsci. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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