Special Issue

Stress, Anxiety, and Depression among Healthcare Workers

Message from the Guest Editors

Healthcare workers are exposed to high levels of workload (before, during and after the COVID-19 pandemic). This leads to affective reactions such as stress, anxiety, and depression, most of the time as adaptative and transient responses. However, relevant proportions of healthcare workers suffer clinically significant mental health problems and especially relevant work-related syndromes such as burnout. Therefore, this Special Issue will cover a wide range of study designs to further the affective impact of professional activity among healthcare workers. In particular, we welcome sound theoretical (systematic reviews or meta-analysis) and/or empirical contributions, from qualitative, quantitative or mixedmethods designs, including observational, interventional (RCT or nonrandomized trials) and assessment studies (e.g., validation of new instruments) that focus on this population.

Guest Editors

Dr. Eduardo Fernández-Jiménez

1. Hospital La Paz Institute for Health Research (IdiPAZ), 28046 Madrid, Spain

2. Department of Psychiatry, Clinical Psychology and Mental Health, La Paz University Hospital, 28046 Madrid, Spain

Dr. Clara González-Sanguino

Department of Psychology, University of Valladolid, 47011 Valladolid, Spain

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Behavioral Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 behavsci@mdpi.com

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Editor-in-Chief

Prof. Dr. Jerrell Cassady Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

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