## **Special Issue**

## Second Edition: Stress, Anxiety, and Depression Among Healthcare Workers

## Message from the Guest Editor

Healthcare workers face significant workloads. This often results in emotional responses like anxiety and depression symptomatology, which are typically adaptive and temporary. However, a considerable number of healthcare professionals experience clinically significant mental health issues, particularly workrelated conditions such as burnout. Therefore, the second edition of this Special Issue will maintain its broad scope by exploring the emotional effects of healthcare workers' labor activity through diverse study designs. We encourage submissions that are theoretically grounded, such as systematic reviews or meta-analyses, as well as empirical research utilizing qualitative, quantitative, or mixed-methods approaches. Again, this Special Issue will include observational studies, interventional research (both randomized and non-randomized trials), and evaluation studies, such as the validation of new assessment tools, all centered on this specific population: healthcare workers.

### **Guest Editor**

Dr. Eduardo Fernández-Jiménez

- 1. Hospital La Paz Institute for Health Research (IdiPAZ), 28046 Madrid, Spain
- 2. Department of Psychiatry, Clinical Psychology and Mental Health, La Paz University Hospital, 28046 Madrid, Spain

## Deadline for manuscript submissions

1 February 2026



# Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5
CiteScore 3.1
Indexed in PubMed



mdpi.com/si/240412

Behavioral Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 behavsci@mdpi.com

mdpi.com/journal/

behavsci





# Behavioral Sciences

an Open Access Journal by MDPI

Impact Factor 2.5 CiteScore 3.1 Indexed in PubMed



## **About the Journal**

## Message from the Editor-in-Chief

### Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN 47306. USA

## **Author Benefits**

## **High Visibility:**

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

## **Journal Rank:**

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2 (Development)

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).

