

Special Issue

Burnout and Psychological Well-Being of Healthcare Workers

Message from the Guest Editor

This Special Issue focuses on the multifaceted topic of burnout and psychological well-being among healthcare workers, addressing an urgent need to understand and mitigate the mental health challenges faced by this vital workforce. Healthcare professionals, especially since the COVID-19 pandemic, have experienced elevated stress, burnout, and emotional fatigue, which impacts both their personal well-being and the quality of patient care. This Special Issue aims to explore the underlying causes, including high workloads, emotional demands, and systemic constraints, while also highlighting resilience strategies, organizational interventions, and policies that support mental health. By fostering a holistic understanding, this Special Issue intends to inspire actionable solutions and promote a sustainable work environment for healthcare providers.

Guest Editor

Dr. Lauren A. Fowler

Wake Forest School of Medicine, Wake Forest University, Winston-Salem, NC 27101, USA

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Behavioral Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

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Editor-in-Chief

Prof. Dr. Jerrell Cassady
Department of Educational Psychology, Ball State University, Muncie, IN
47306, USA

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