

Special Issue

Burnout and Psychological Well-Being of Healthcare Workers

Message from the Guest Editor

This Special Issue focuses on the multifaceted topic of burnout and psychological well-being among healthcare workers, addressing an urgent need to understand and mitigate the mental health challenges faced by this vital workforce. Healthcare professionals, especially since the COVID-19 pandemic, have experienced elevated stress, burnout, and emotional fatigue, which impacts both their personal well-being and the quality of patient care. This Special Issue aims to explore the underlying causes, including high workloads, emotional demands, and systemic constraints, while also highlighting resilience strategies, organizational interventions, and policies that support mental health. By fostering a holistic understanding, this Special Issue intends to inspire actionable solutions and promote a sustainable work environment for healthcare providers.

Guest Editor

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Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

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