



## Understanding Older Adult Resilience from a Life-course Perspective

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### Message from the Guest Editors

Dear Colleagues,

This Special Issue, on “Understanding Older Adult Resilience from a Life-course Perspective”, invites research articles that explore resilience in older adulthood from a life-course perspective. Society often associates later life with detriment; however, previous research has indicated that older adults are quite resilient and skilled at adapting to adversity and challenges throughout life. Therefore, considering resilience from a life-course perspective may provide insight into this attribute in older adulthood. Topics may include (but are not limited to) transitions and life events that, although challenging, ultimately results in resiliency, gold standards to validate measures of resilience, sources of support and strength for older adults, social roles that increase resilience, how older adults interpret resilience, how resilience impacts well-being and life satisfaction in late life, and interventions or support at multiple system levels to optimize resilience in later life.

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*Guest Editors*

