



## Burnout and the Quality of Personal, Working and Social Life

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### **Message from the Guest Editors**

Burnout as a work-related phenomenon involving emotional exhaustion, depersonalization, and a sense of reduced personal accomplishment. Many persons are at high risk of developing burnout syndrome, and scientific data have shown that individual factors are important, e.g., gender, marital status, parental tasks, chronic disease or psychological traits. The scientific literature presents the meaning of the concept balancing between a medical diagnosis and a social stigma. However, burnout syndrome is a common and widespread phenomenon.

This Special Issue is addressed to researchers and academics interested in presenting theoretical and practical research on the topic of burnout: causes, consequences, interventions. We invite articles, reviews, and meta-analyses on the topic of burnout from various areas: medicine, education, psychology, psychotherapy, counselling, human resources, ethics, social policy or wellbeing.

