

## Special Issue

# Respiratory Rehabilitation: Current Perspectives and Future Challenges

### Message from the Guest Editors

The aging of the global population and increased exposure to risk factors make chronic respiratory diseases a serious global public health problem. Dyspnea, airway obstruction, activity intolerance, and reduced quality of life are frequent manifestations in people with chronic respiratory disease. Physical activity and physical exercise are fundamental to the respiratory rehabilitation of people with chronic respiratory disease, as they allow the improvement of muscular function in people with exercise intolerance, dyspnea/fatigue, or limitations preventing them from carrying out life activities, thus contributing to improving the quality of life. In this sense, respiratory rehabilitation is essential, as its objectives are the control and treatment of symptoms as well as effective adherence to a therapeutic regimen, leading to improvements in the effectiveness of interventions, quality of life, and overall health.

---

### Guest Editors

Prof. Dr. Luís Sousa

Dr. Helena José

Dr. Isabel Rabiais

---

### Deadline for manuscript submissions

closed (24 January 2025)



## Advances in Respiratory Medicine

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.3  
CiteScore 3.5  
Indexed in PubMed



[mdpi.com/si/192467](https://mdpi.com/si/192467)

*Advances in Respiratory  
Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[arm@mdpi.com](mailto:arm@mdpi.com)

[mdpi.com/journal/  
arm](https://mdpi.com/journal/arm)





# Advances in Respiratory Medicine

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.3  
CiteScore 3.5  
Indexed in PubMed



[mdpi.com/journal/  
arm](https://mdpi.com/journal/arm)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Adam Barczyk

Department of Pneumonology, School of Medicine in Katowice, Medical  
University of Silesia in Katowice, Katowice, Poland

---

#### Author Benefits

##### Open Access:

free for readers, with article processing charges (APC) paid  
by authors or their institutions.

##### High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed,  
MEDLINE, PMC, and other databases.

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is  
provided to authors approximately 23.3 days after  
submission; acceptance to publication is undertaken in 4.5  
days (median values for papers published in this journal in  
the first half of 2025).