

Special Issue

Plant-Based Foods: New Aspects on Resources, Processing and Potential Bioactivity

Message from the Guest Editor

Plant-based foods, including fruits, vegetables, legumes, grains, nuts, and seeds, have a major role in human nutrition in most places of the world. New resources, in addition to legumes, cereals/pseudocereals, and nuts/seeds, are also attracting more and more attention due to their potential contribution to bioactivity. Traditional processing methods, such as milling, heat treatment, fermentation, and germination, as well as some emerging technologies, are extensively studied to develop plant-based foods with optimal nutrient composition and acceptable organoleptic properties. Therefore, this Special Issue aims to publish the latest finding related to resources, processing technology and potential biological activity of plant-based foods to improve the understanding of this everlasting research area and bring new opportunities to the industry.

Guest Editor

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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