

Special Issue

Sports Injuries and Physical Rehabilitation

Message from the Guest Editors

Participation in sports is common not only for professional athletes but also for the general population for health purposes. However, sports injuries that accompany participation in sports are also common. It is important to treat and rehabilitate patients after an injury has occurred, but it may be more important to prevent an injury from occurring. Because sports injuries occur in various tissues and various sports, it is difficult to integrate them and properly explain them to the general public as well as experts in the field. In addition, there is a large gap between experts who directly deal with injuries in the field and those who theoretically study injuries. The purpose of this Special Issue is to combine the practical viewpoints of experts in the field working on sports medicine teams with the knowledge obtained through research on the mechanisms of sports injuries.

Prof. Dr. Ken Kazunori Nosaka

Guest Editors

Dr. Joohyung Lee

Department of Sports, Health and Rehabilitation, Kookmin University, Seoul 02707, Republic of Korea

Prof. Dr. Sae Yong Lee

Department of Physical Education, Yonsei University, Seoul 03722, Republic of Korea

Deadline for manuscript submissions

closed (20 March 2025)



Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



mdpi.com/si/171887

Applied Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
applsci@mdpi.com

mdpi.com/journal/

[applsci](https://doi.org/10.3390/applsci)





Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



[mdpi.com/journal/
applsci](https://mdpi.com/journal/applsci)



About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo
Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32,
20133 Milano, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), Ei Compendex, Inspec, Embase, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering)