

Special Issue

Vitamin D in Human Health and Disease

Message from the Guest Editor

Vitamin D and its metabolites are well-studied steroid hormones that possess biological and physiology activities that extend far beyond the regulation of mineral homeostasis. Vitamin D deficiency or development of anomalies in metabolism and/or signaling can lead to an increased risk of developing debilitating conditions, not only towards one's own skeletal system, but to the cardiovascular, cutaneous, nervous, immune, and energy metabolism systems.

With the new genera of studies geared towards a better grasp of the basic and translational aspects of vitamin D, it is now a perfect time to put forth a Special Issue which focuses on vitamin D and human health and disease. Hence, the goal of this Special Issue is to provide a set of articles that bring to light the new opportunities, challenges, and prospects of vitamin D related to overall health.

Guest Editor

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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