

Special Issue

Novel Approaches of Physical Therapy-Based Rehabilitation

Message from the Guest Editors

This Special Issue focuses on innovative and novel approaches in the field of physical therapy that improve rehabilitation outcomes for diverse populations. This Special Issue aims to bring together the cutting-edge research, clinical innovations, and evidence-based practices that are redefining the field of physical therapy and rehabilitation sciences. In the face of evolving patient needs and advances in technology, physical therapy is entering a new era marked by interdisciplinary approaches, precision interventions, and digital health integration. This Special Issue seeks to highlight these novel strategies and foster knowledge exchange across research, clinical, and academic communities.

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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