

# Special Issue

## Sports Biomechanics and Injury Prevention

### Message from the Guest Editor

The objective of this Special Issue for the journal *Applied Sciences* is to explore and disseminate innovative research and advanced practices in the field of sports biomechanics and injury prevention. It seeks to provide a Special Issue for researchers, health professionals, coaches, and athletes to share knowledge and strategies that improve sports performance and reduce the risk of injury. This Special Issue focuses on the application of biomechanical principles to develop effective training, assessment, and rehabilitation methods aimed at academic performance and injury prevention in motion analysis, preventive interventions, technology and tools, rehabilitation, risk factors, biomechanics, and educational approaches to injury prevention.

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### Guest Editor

Prof. Dr. Jorge Sánchez-Infante

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2. Physiotherapy Research Group of Toledo (GIFTO), Faculty of Physiotherapy and Nursing, Universidad de Castilla-La Mancha, Toledo, Spain

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### Deadline for manuscript submissions

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## Applied Sciences

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## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
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