

Special Issue

Renewal of Tendon Insertion

Message from the Guest Editors

Tendon insertion pathology is one of the major tendon problems today. Different tendons express pathology on the tendon–bone interface. Usually, their insertions are on the convex, outside part of the body (shoulder rotator cuff insertion, patellar tendon insertion, Achilles tendon insertion) where the eccentric forces are dominant. These tendons are prone to internal structural changes that generate change in collagen structure, chondroid metaplasia, and eventually ossification on tendon insertion. Why and how is the bone–tendon interface distorted? Can we renew tendon insertion with a conservative approach? Removal of degenerative tendon tissue and tendon reconstruction are the mainstream of surgical treatment. What is, then, the best approach? How can we fix the tendon, and should we respect the original tendon footprint? This Issue should discuss all aspects of tendon–bone pathology and current research guidelines such as biological approaches of molecular and tissue mediators' activity level and tendon–bone healing updates, biomechanical approaches, surgical reconstruction approaches, and physiotherapy or rehabilitation support.

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Deadline for manuscript submissions

closed (22 April 2022)



Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



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As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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