

Special Issue

Physical Therapies and Related Treatment in Falling and Rehabilitation in the Elderly

Message from the Guest Editors

Population aging is a condition characterizing contemporary society all over the world. This is mainly related to the incredible developments in the prevention, diagnosis, and treatment of many diseases, which has improved prognoses and lengthened the lifespan. In particular, among older individuals, falling is relatively common. The causes are diverse, and the consequences may be very severe and strongly debilitating, with relevant health and economic implications. For these reasons, limiting the effects of falling in the elderly is fundamental. In this sense, rehabilitation represents an important contribution toward this aim. Its capability to restore or ameliorate functional impairment is a key factor in tertiary prevention after the acute event. This Special Issue is focused on the application of the various approaches of physical medicine and rehabilitation after falling in the elderly, with attention to:

- Motor and sensory recovery;
- Use of physical agents;
- Use of manual therapy;
- Psychological implications;
- Technological tools useful for rehabilitation;
- Economic effects.

Guest Editors

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As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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