

Special Issue

Obstructive Sleep Apnoea Syndrome and Its Management

Message from the Guest Editors

Applied Sciences is planning a Special Issue to collect original manuscripts on recent findings in obstructive sleep apnoea (OSA) syndrome, its diagnostics and management. Obstructive sleep apnoea is the most common sleep-related breathing disorder. It is characterised by the repetitive collapse of the upper airways during sleep, resulting in chronic intermittent hypoxaemia and frequent arousals with sleep fragmentation. The etiology is multifactorial and its clinical manifestations are night snoring, headache when patient wakes up, day-time sleepiness and decrease of cognitive performance. There is an increasing number of OSA-related manuscripts, as this field is continuously emerging. Therefore, this Special Issue will summarize the latest, most interesting results of OSA-related studies, involving research in epidemiology, risk factors, screening, diagnostics and treatment of OSA. For all technical details, please see the Instructions for Authors on the journal's website. https://www.mdpi.com/journal/applsci/special_issues/Obstructive_Sleep_Apnoea_Syndrome Thank you in advance. We look forward to receiving your manuscripts.

Guest Editors

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Deadline for manuscript submissions

closed (20 August 2023)



Applied Sciences

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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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