

## Special Issue

# Effects of Environment–Lifestyle Interactions on Organ Health

### Message from the Guest Editors

This Special Issue aims to explore the complex and dynamic interactions between environmental exposures and lifestyle factors, as well as their cumulative impact on organ health. We welcome submissions of original research and review articles that investigate how variables such as diet, physical activity, pollutants, and epigenetic factors influence the physiological and pathological responses of organs and systems. This Special Issue seeks to highlight interdisciplinary approaches—ranging from molecular and cellular biology to population-based studies—that uncover the mechanisms underlying chronic diseases, organ dysfunction, and adaptive responses. Contributions focusing on prevention strategies, non-pharmacological interventions, and health-promoting behaviors in the context of environmental and lifestyle interactions are particularly encouraged.

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### Guest Editors

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### Deadline for manuscript submissions

closed (20 February 2026)



## Applied Sciences

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## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

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