

## Special Issue

# The Recent Development of Functional Foods and Natural Products—Impacts on Human Health

### Message from the Guest Editors

Consumption of functional foods and natural products seems to affect human physiology and metabolism, exerting a significant impact on health. Due to their promising beneficial effects on human body functions beyond nutrient adequacy, functional foods, and natural products have gained increasing interest from the scientific community, consumers, and the food industry. We are pleased to invite you to contribute a research/review paper to the the Special Issue entitled “The Recent Development of Functional Foods and Natural Products–Impact on Human Health” of the journal Applied Sciences. Research areas may include (but are not limited to) the following:

- modern methods, technologies, and further handling of food prior to its consumption
- food components (nutrient and non-nutrient bioactives novel functional ingredients)
- studies investigating the effect of functional foods and natural products on beneficial effects on targeted body functions

We look forward to receiving your contributions. Dr. Panagiotis T. Kanellos

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### Guest Editors

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### Deadline for manuscript submissions

closed (30 April 2026)



## Applied Sciences

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## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
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