

## Special Issue

# New Advances in Functional Foods and Nutraceuticals

### Message from the Guest Editors

This Special Issue intends to present recent developments in functional food and nutraceutical research, including studies regarding underexplored or new functional compounds, such as innovative food products or nutraceuticals developed to deliver bioactive compounds. Submissions of current advances in delivery systems of functional compounds that could increase their bioavailability and/or bioaccessibility, a drawback often associated with nutraceuticals, are also welcomed, as well as other new technologies or methodologies applied to the development of functional foods or nutraceuticals, including extraction processes of bioactive compounds.

---

### Guest Editors

Dr. Ana Fontes

Universidade Católica Portuguesa, CBQF—Centro de Biotecnologia e Química Fina—Laboratório Associado, Escola Superior de Biotecnologia, Rua Diogo Botelho 1327, 4169-005 Porto, Portugal

Dr. Lúcia Pimentel

Universidade Católica Portuguesa, CBQF - Centro de Biotecnologia e Química Fina - Laboratório Associado, Escola Superior de Biotecnologia, Rua Diogo Botelho 1327, 4169-005 Porto, Portugal

---

### Deadline for manuscript submissions

30 October 2025



## Applied Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 5.5



[mdpi.com/si/199914](https://mdpi.com/si/199914)

*Applied Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[appls@mdpi.com](mailto:appls@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[appls](https://appls)





# Applied Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 5.5



[mdpi.com/journal/  
applsci](https://mdpi.com/journal/applsci)



## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

---

### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32,  
20133 Milano, Italy

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), Ei Compendex, Inspec, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q2 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering )