

Special Issue

Sports Medicine and Injury Prevention

Message from the Guest Editor

Sports medicine is an interdisciplinary medical area that is very variable not only in terms of aspects but also in terms of target groups. The sport itself can be preventive, rehabilitative, but also competitive or even professional. The sport-related stresses and strains can be highly specific, as can the mechanisms that promote the development of acute injuries or chronic injuries or overuse injuries. All athletes have one thing in common: they want to stay healthy or get healthy again. In order to achieve this, scientific research is indispensable. This special issue is dedicated to current trends and aspects and will publish high-quality, original research papers, in the overlapping fields of for example:- Training and education,- Nutrition,- Injury prevention,- rehabilitation,- Covid-19,- biomechanical issues,- psychomental stress and its consequences

Guest Editor

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Deadline for manuscript submissions

closed (20 May 2024)



Applied Sciences

an Open Access Journal
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CiteScore 5.3



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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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