

Special Issue

Oral Health and Chronic Non Communicable Diseases (NCDs)

Message from the Guest Editors

Currently, it is believed that approximately 40% of deaths worldwide may be attributable to these pathological conditions. Lifestyle factors such as physical activity, a healthy diet and abstention from smoking seem to play a key role in reducing the onset and the progression of NCDs. NCDs can influence the development of oral disease via systemic and oral cavity inflammation. Therefore, the treatment of PD could be useful in reducing the systemic inflammation and the NCDs onset. In recent years, among many innovative therapies for their treatment, natural bioactive compounds and adapted physical activity have been validated as effective by numerous authors. The aim of this Special Issue is to explore the possible correlation between oral diseases and NCDs, analyzing new potential treatments.

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As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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