

Special Issue

Potential Health Benefits of Fruits and Vegetables II

Message from the Guest Editors

I invite you to contribute to a Special Issue of the journal *Applied Sciences*, “Potential Health Benefits of Fruits and Vegetables II”, which aims to present recent findings on the relationship between fruits and vegetables and the prevention of disease occurrence. As plant-based foods, both vegetables and fruits have been clearly associated with the presence of high amounts of bioactive compounds, and have been demonstrated as having a central role in the prevention of diseases. In this Special Issue, studies on the bioactive compounds’ composition of the main fruit and vegetable species, on their health effects as freshly consumed, transformed products or applied in vitro models, and on their mechanisms of actions against human pathologies will be welcome.

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Guest Editors

Dr. Luca Mazzoni

Dr. Maria Teresa Ariza Fernández

Dr. Franco Capocasa

Deadline for manuscript submissions

closed (31 October 2022)



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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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