

Special Issue

Alcohol and Alcoholic Beverages: Health, Metabolism and Molecular Study

Message from the Guest Editors

Alcohol is the most commonly abused substance in the world, and also one of the most common addictions. Adverse effects of alcohol have been demonstrated for many disorders, including liver cirrhosis, mental illness, and several types of cancer, pancreatitis, and damage to the fetus among pregnant women. On the other hand daily consumption of alcoholic beverages, characterized as mild or moderate, can significantly reduce the risks of coronary heart disease. Moderate consumption of wine and beer, which are rich in polyphenols, seems to confer cardiovascular protective effects in healthy subjects and even in patients with reported CVD. This Special Issue will include high-quality original research articles as well as review articles and meta-analyses addressing various aspects of the impact of alcohol on health including animal and *in vitro* study, molecular and clinical, aspects of alcohol on molecular, tissue and whole organism level.

Guest Editors

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Deadline for manuscript submissions

closed (10 June 2021)



Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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