

## Special Issue

# Exercise Physiology and Biomechanics in Human Health: 2nd Edition

### Message from the Guest Editors

The main purpose of this Special Issue is to publish relevant interdisciplinary research with high scientific quality focused on identifying aspects of biomechanics and exercise physiology in order to improve human sports potential. We are particularly interested in identifying the biomechanical aspects in relation to the specifics of physical and sports activities, as well as the changes in health status and physiological parameters induced by physical effort that are specific to different physical activities. The studies can target short-, medium-, or long-term effects, targeting physical activities and those specific to performance sports. All manuscripts will be reviewed by experts in the field and should be submitted by 20 June 2023. We invite papers that describe the following:

- Functional and metabolic changes in relation to the intensity of the effort;
- Analysis of biomechanics, kinematics, and human motion;
- Assessments and analyses of technical biomechanics in team and individual sports;
- Physiological responses to training tasks in athletes;
- Physical effort and physiological reactions of the human body.

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### Guest Editors

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### Deadline for manuscript submissions

20 September 2025



## Applied Sciences

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## About the Journal

### Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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### Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo  
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