

Special Issue

Muscle Rehabilitation and Bone Injury in Exercise, Sport and Health

Message from the Guest Editors

Muscle, bone and tendon injuries are increasingly common. The optimal treatment, operative or conservative, and further superior rehabilitation are fundamental for a fast recovery. A better understanding of the biology of muscle, bone and tendon injuries is mandatory in a treatment strategy. Moreover, new treatment strategies increasingly appear to improve patient recovery. This Special Issue will focus on all types of research in pathophysiology, biomechanics, and clinical outcome of muscle, bone and tendon injuries. Moreover, we will focus on novel insights in diagnostics and treatment of muscle, bone and tendon pathology.

Guest Editors

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As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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