

Special Issue

Health-Related Physical Activity for People with Parkinson's Disease

Message from the Guest Editors

Health-related physical activity and tourism for individuals with Parkinson's disease represent a significant and growing field aimed at improving the quality of life and well-being of those affected by this condition. Both physical activity and tourism offer potential psychological and social benefits. The diverse settings and activities associated with tourism serve as unique stimuli that effectively encourage individuals with PD to sustain an active lifestyle. Topics include but are not limited to:

- Health-related physical activity interventions tailored for patients with Parkinson's disease;
- Physical activity for improving the quality of life and well-being;
- The benefits and challenges of therapeutic tourism for individuals with Parkinson's disease;
- Accessible travel and tourism strategies;
- The impact of physical activity on mental health and social well-being in Parkinson's disease;
- Case studies and best practices in implementing physical activity and tourism programs for patients with Parkinson's disease.

Guest Editors

Dr. Jarosław Cholewa

Department of Health-Related Physical Activity and Tourism, Academy of Physical Education, Katowice, Poland

Dr. Joanna Cholewa

Institute of Sport Science, Academy of Physical Education, Katowice, Poland

Deadline for manuscript submissions

20 November 2026



Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



mdpi.com/si/214486

Applied Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
appls@mdpi.com

mdpi.com/journal/

appls





Applied Sciences

an Open Access Journal
by MDPI

Impact Factor 2.5
CiteScore 5.5



[mdpi.com/journal/
applsci](https://mdpi.com/journal/applsci)



About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

Prof. Dr. Giulio Nicola Cerullo
Dipartimento di Fisica, Politecnico di Milano, Piazza L. da Vinci 32,
20133 Milano, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), Ei Compendex, Inspec, Embase, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Engineering, Multidisciplinary) / CiteScore - Q1 (General Engineering)