

Special Issue

The Role of Food Nutrition on Health and Disease

Message from the Guest Editor

You are invited to submit your cutting-edge research on “The Role of Food/Nutrition on Health and Disease” to the upcoming issues of the *Applied Sciences*, which explores the crucial role played by food and nutrition in promoting health and preventing disease. This journal serves as a platform for disseminating evidence-based research, insightful perspectives, and practical guidance on the intersection of nutrition and human well-being. From exploring the impact of specific nutrients on disease prevention and management to examining the influence of dietary patterns on longevity and chronic conditions, this Special Issue will foster a holistic understanding of the role of food in promoting well-being. Join us on this enlightening journey as we unravel the mysteries of food and nutrition, empowering readers to prioritize their health and adopt evidence-based dietary practices. Together, we can pave the way for a healthier, disease-free future!

Guest Editor

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Deadline for manuscript submissions

closed (30 September 2024)



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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

Editor-in-Chief

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