

Special Issue

New Insights into Osteoarthritis Rehabilitation: Novel Technologies, 2nd Edition

Message from the Guest Editors

Osteoarthritis (OA) is one of the most common musculoskeletal diseases, causing significant disability and morbidity worldwide. It is a long-term health condition, requiring multiple interventions to reduce its negative impact on patients' quality of life. Rehabilitation is widely recommended as the first-line treatment for OA. Therefore, conservative therapies and adequate and individualized rehabilitation programs represent crucial management strategies for people with OA. This Special Issue focuses on the use of innovative conservative approaches in OA management, aimed at controlling painful symptoms, allowing functional recovery, and improving patients' quality of life, with particular attention to the following: novel physical therapies, mini-invasive regenerative approaches, technological devices for the rehabilitation phase, and emerging technological tools for the study of OA biomarkers. We encourage researchers to contribute to this Special Issue with both clinical and pre-clinical original research papers. We also welcome comprehensive reviews summarizing the current knowledge of innovative conservative management of osteoarthritis.

Guest Editors

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As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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