

Special Issue

New Insights into Physical Therapy

Message from the Guest Editors

Advances in the field of technology and physical therapy have facilitated and augmented the recovery process in the spectrum of pathologies treated in physical therapy rehabilitation. New insights into physical therapy rehabilitation include all new techniques and technologies that provide new possibilities and transform the rehabilitation process. New techniques such as blood flow restriction, motor imagery, clinical pilates, and emerging technologies such as virtual reality provide new opportunities to enhance function, mobility, and quality of life. These advances beyond the strict aspect of pathology could also lead the field of prevention and healthy aging, minimizing disability, and preserving healthy and mobile living. New technologies have especially managed to overcome environmental barriers and make physical rehabilitation more accessible. We invite you to contribute original research articles and reviews of the literature, aiming to include high-quality papers on new techniques and technologies in the field of physical rehabilitation.

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Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal Applied Sciences has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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