

Special Issue

Advanced Studies in Ball Sports Performance

Message from the Guest Editors

The popularity of racket sports can be observed across the world, with the elite performance observed in most famous racket sports reaching new heights. In tennis, we are witnessing an incredible battle between the top players, while table tennis and badminton are now amongst the highlights of the Olympics. Never have there been so many squash players from so many countries among the world's best. In addition, we are observing the rapid spread of padel, whose popularity is breaking all records. The commonality of all of these games is the fact that they are easy to enjoy. On the other hand, they are complex games in which performance at the highest level depends on several parameters and their synergistic effects. The aim of this Special Issue is to encourage researchers in the field to publish recent findings that in areas including physical conditioning or movement behavior, especially in terms of biomechanics. Contributors are encouraged to submit manuscripts containing original research, systematic reviews, methods, curriculum instructions and pedagogy, data reports, technology and code.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

As the world of science becomes ever more specialized, researchers may lose themselves in the deep forest of the ever increasing number of subfields being created. This open access journal *Applied Sciences* has been started to link these subfields, so researchers can cut through the forest and see the surrounding, or quite distant fields and subfields to help develop his/her own research even further with the aid of this multi-dimensional network.

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